

# Höngongoi /July 2024

### **Key Dates**

**July Library Hours** 

Normal Library hours are:

Mon – Fri 10am – 5pm Saturday 10 am – 1 pm Sunday CLOSED

 $Matariki-28^{th}\ July-CLOSED$ 









### What's On

Winter Reading Program
Starts 1 July

Write on Kawerau 7<sup>th</sup> Birthday 3<sup>rd</sup> July 11am

The Book Club meets: 4<sup>th</sup> July - 1st Thursday each month

Lego Club
July 8th - 3.30 - 4.30pm

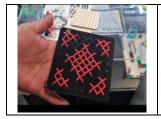
Winter Wellness Workshop Fight Food Waste 21st July 10.30am – 12pm

#### What's happened – what's happening?

Despite the rain and the colder weather, the library has been busy with new books, new workshops and new staff. We've had follow ups from the Herbs for Health workshop, entertained patrons with a Spice up Your Life workshop and learned how to weave tukutuku panels with Janice Tekii.

Maintaining our family's health and wellness over these colder and darker months is a challenge. Colds, flu, covid and other nasties lurk around every corner. It can be a challenge to juggle sickness, school, work and sport which means we're more prone to become sick ourselves. Read more about our Winter Wellness Program and the Winter Wellness Wall that will be on display in the library foyer starting next week.

The adult program at the library is aiming to set aside every third Saturday to host a workshop specifically for adults. Sue Gould (our adults program person) facilitated an entertaining workshop on how to Spice up Your Life – using culinary spices. She served turmeric lattes and spiced coffee while taking everyone on a journey inspired through specific books that started her interest in spices and their health benefits. Next month there will be a **Fight Food Waste** workshop to share tips and tricks on how to waste less food and how to understand the 'use before' and 'best before' labels that are on the products you buy.



Email: library@kaweraudc.govt.nz

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Libraries are full of inspiration, ideas, research and answers, thrills and thrillers, lighthearted entertainment and history. There are places to sit for awhile and skim through a self-help book or read a magazine or newspaper. Take some time to read, write, or learn something new.

Come inside from the rain and take awhile to relax with a book or puzzle.



Address: Jellicoe Court, Kawerau, 3127 Postal: P.O. Box 103, Kawerau, 3169

Phone: (07) 306 9041

### Winter Wellness Wall

What you need to know?

We have started a Winter Wellness program at the library which is aimed at helping families learn how they can introduce small changes to help prevent the winter woes. Starting next week there will be a new display in the foyer offering information about as many of our Kawerau services as we can find.

Using the Te Whare Tapa Whā model of wellbeing developed by leading Māori Health advocate Sir Mason Durie in 1984, it describes wellbeing as a wharenui or meeting house. The four walls of the wharenui represent the four dimensions of your holistic wellbeing.

- 1. Taha Wairua | spiritual wellbeing
- 2. **Taha Hinengaro** | mental and emotional wellbeing
- 3. Taha Whānau | family wellbeing
- 4. Taha Tinana | physical

When all four areas of our wellbeing are in balance, we thrive—we are in a better state of mind, can cope with life's changes and our bodies can fight off those winter ailments. There are times when one area of our wellbeing might be out of balance, and that's okay, this model offers an opportunity to concentrate on each area and understand how they impact our lives.

The display offers contact details of Kawerau dedicated services that help families as they navigate through life. Local Kawerau people can find your information and services easily and see where the offered services sit under this model so they can better choose what is best for them and their whanau and find the services they need.

If you offer a service in Kawerau and want these to be added to our wall, pop in and have a chat, or leave your details with us so we can add you.

# **Museum News**

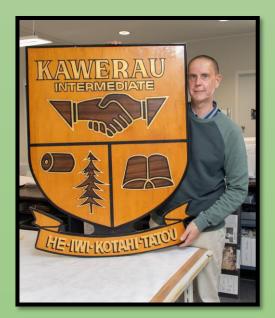
#### **Welcome Damian**

The Sir James Fletcher Kawerau Museum is pleased to welcome Damian Skinner (Pākehā) as our new curator. He joined us in June, and will be working with the museum team to put on exhibitions and keep growing the museum collection so we can tell the many stories of Kawerau.

Previously Damian has worked at Auckland Museum and Te Papa in Wellington, as well as curating exhibitions for a number of smaller museums and art galleries around Aotearoa. His special interest is the 1950s and 1960s, a time of radical change in New Zealand art and culture. It was also a period when many old and established ideas of what it was to be a New Zealander were under attack and began to change, creating the foundation of the contemporary Aotearoa we live in now.

His love of the postwar period was a big part of the reason why Damian was keen to join the Kawerau Museum, and play a role in documenting and celebrating the history and people of a town that was designed and built in the 1950s, with a unique relationship to industry, and an inspiring history of reinvention.

Damian and the museum team would love to hear from you if you have items or stories you think are significant and should find a home in the museum. And we look forward to seeing you at future exhibitions and museum activities.



Damian Skinner with the Kawerau Intermediate School Shield, which is becoming part of the museum's collection.



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# **July Featured Titles**



**Author:** Devoy, Susan **Genre:** Autobiographies

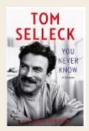
A four-time world squash champion, Dame Susan Devoy has led a remarkably varied life. She's been race-relations commissioner, a television star, newspaper columnist, and raised four boys. Fiercely driven and wildly competitive, her straight up style and hilarious turn of phrase won her a whole new generation of fans during her two appearances on Celebrity Island in 2022 and 2023.



**Author:** Kamo, Miriama **Genre:** Children's stories/Picture

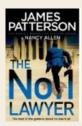
books

Join Sam and Te Rerehua as they prepare a Matariki feast! But one night, those sneaky Patupaiarehe come and start eating the stored eel...can Sam and Te Rerehua come up with a plan to replace the kai?



**Author:** Selleck, Tom **Genre:** Autobiographies

Frank, funny and open-hearted, this book is an intimate memoir from one of the most beloved actions of our time, the highly personal story of a remarkable life and thoroughly accidental career. 50 million viewers watched the final episode of the TV show called Magnum PI!



**Author:** Patterson, James **Genre:** Legal Fiction/Thrillers

Stafford Lee Penney is the best defence lawyer in Mississippi – he's never lost a case. Until now! Hot on the heels of his latest courtroom victory, his wife is brutally murdered. Devastated, he spirals into a losing streak that forces him to abandon his once brilliant career.



**Author:** Nustrini, Dario **Genre:** Autobiographies

Since leaving high school the year before, Dario Nustrini had been on a steady diet of spliffs, Speights and the occasional sandwich from the care where he worked. From back-breaking exercises designed to make recruits spit the dummy to roleplaying in an SAS manhunt and accidentally starting a rubbish fire in a military compound these are self-deprecating tales of misfits, mischief and camaraderie.



**Author:** Keyes, Marian **Genre:** Domestic Fiction

Anna Walsh had a dream life — according to everybody else. So why did she decide to take a flame thrower to the lot? Annas lost her purpose, she needs a new challenge to help her fall in love with life again. But will the appearance of an old love interest derail her plans?

#### Bridget Williams Books

A unique and valuable resource that highlights New Zealand historical texts and resources specific to Māori. It's an innovative e-book collection offering subscription access to some of New Zealand's finest non-fiction titles across six curated e-book collections.

As a living resource the collections are regularly updated with new and out of print titles ensuring continued access to crucial New Zealand scholarship for future generations.

You can pick up a brochure with more information from your library.

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# final thoughts...

"In principle and reality, libraries are lifeenhancing palaces of wonder."

*Psst!* If you first instinct when asked what you've been up to, is to clam up, the person asking may suspect you've been involved in some *clandestine* activities!

Word of the Day: June 24, 2024

# clandestine

adjective | klan-DESS-tun

Clandestine describes something done secretly, or in a private place or way. Clandestine often substitutes for secret or covert, and it is commonly applied to situations or actions that involve secrecy maintained for evil, illicit or an unauthorized purpose. It comes to English from the Latin word *clandestinus* which itself is from the Latin adverb *clam*, meaning secretly.

Found in the Māori dictionary, this is one of the terms used to describe secrecy. Go into maoridictionary.co.nz to find others.

### toropuku 🐠 🛷

1. (verb) to be secret, stealthy.

+ Show example

2. (modifier) secretly, stealthily, insidiously, insidious, surreptitiously, covertly.

- + Show example
- ≈ Synonyms: tārehu, torohū, whakamokeke, muna, ngaro, tōngā, hū, kōkuhu, puku
- 3. (noun) secret.
- ≈ Synonyms: tārehu, torohū, munamuna, muna, whakapeke

### Get Skinny Jump

Subsidised broadband for kiwi homes

Skinny want to ensure that as many kiwis as possible have broadband in their homes. The modems are free and come preloaded with 35gb of data, after that you use a prepaid service to top up with as little as \$5.

If you think this might help you or someone you know, pop into the library on Tuesdays or Thursdays to talk to us about whether Skinny Jump is suitable for your needs.

**Please Note:** Not all areas have coverage. To see if your address is covered go to

https://www.skinny.co.nz/jump/home/, scroll down the page a bit and type in your address.



Antenno is a free online app that sends you notifications and alerts you to what's going on in Kawerau and other areas that you have links to.

You can use to report any issues that you see around Kawerau, straight away! It allows you to include useful details such as a photo of what you have seen and your report is sent straight to Council so they can act as quickly as possible.

You will find antenna on the App Store or Google Play Store. Come into the Library if you want help to download and learn how to use this very helpful app.

## Check out the library eDatabases







